








Lima, Cusco & Paracas



7 Days / 6 Nights
19 May 2019 - 25 May 2019



Itinerary

Sunday May 19	Monday May 20	Tuesday May 21	Wed May 22	Thurs May 23	Friday May 24
DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6
LIMA	CUSCO – SACRED VALLEY – MACHU PICCHU			PARACAS	PARACAS/LIMA
 				 	 
<ul style="list-style-type: none"> • City Tour • Gastronomy! 	<ul style="list-style-type: none"> • Sacred Valley • Ollataytambo • Maras Moray 	<ul style="list-style-type: none"> • Machu Picchu 	<ul style="list-style-type: none"> • Pisac • City Centre 	<ul style="list-style-type: none"> • Transfer to Paracas • Dessert Experience 	<ul style="list-style-type: none"> • Islas Ballestas • Party Lima

Day 1: LIMA

(Sun, 19 May)

Lima

Peru's capital is a fantastic city to tour, dotted with a multitude of cultural sites and beautifully preserved architecture. Founded by the conquistador Francisco Pizarro in 1535, Lima was first named 'City of Kings' – a biblical reference to the 'Three Wise Men of the East' – before its name was changed by the Spanish colonialists. The most significant historical buildings are located around the Plaza Mayor, the most notable being the Government Palace, where one can still observe the changing of the guard performed by the Húsares de Junín. The beautiful Cathedral and the various small palaces and colonial balconies also play also their part in the beauty of the city. Another highlight is the famed Larco Herrera Museum, documenting the millennial cultures that preceded the Inca civilization and containing a priceless collection of pre-Columbian artifacts, including some of South America's finest pre-Inca erotic pottery.

Day Itinerary

¡WELCOME TO PERÚ!

Arrival in Lima. Meet and transfer to the hotel. Day at leisure.

Optional Lunch (3/4 restaurants will be included to pick from):

- World's best culinary destination (3 best restaurants in the World's 50 Best Restaurant, 2 restaurants in the top 10 – no other city has more than one!!)
- Restaurants will include La Mar and Isolina, among others. Both restaurants ranked in the 50 best Restaurants in Latin America and Top 20 in Lima)

Optional: Bike Tour Barranco and Miraflores



Dinner: Huaca Pucllana Restaurant (Top 20 restaurant in Lima)

19:00 Transfer to Huaca Pucllana Restaurant, located in front of the archaeological site of the same name.

Dinner includes (1 Welcome Pisco Sour, 3 Course Menu, 1 soda or water, 1 american coffee or infusion).



Miraflores

Upmarket, fresh and trendy, Miraflores is a popular district of Lima renowned for its great shopping, as well as beautiful beaches, colourful gardens and pristine parks. A walk or bike ride along the Malecon, a six-mile stretch of parks along the cliff's edge, is a fantastic way for visitors to experience the area.



Barranco Bohemian District

Barranco Bohemian District is located on cliffs along Lima's coastline, overlooking the Pacific Ocean. Vibey and bohemian, the area is a hotspot for artists, musicians, designers, and photographers. In the 1800s it was a beach resort for Peruvian aristocracy, and some of the lavish buildings from the era still remain. Among the region's highlights are its lovely sandy beaches, which are popular among surfers and sunbathers.



Huaca Pucllana

Huaca Pucllana is a clay pyramid located in the province of Lima, Miraflores district, in an easily accessible residential and commercial area. The site today, is a research, training and tourist attraction, running a permanent archaeological project, as well as educational activities throughout the year. Since it began in 1981, the research project has excavated the entire lower part of the site, and about two-thirds of the sides and top of the main building. Urban growth reduced the archaeological zone to an area of six hectares, slightly less than a third of its original size, according to historical documents.



Overnight: Casa Andina Standard Miraflores Centro

Casa Andina Classic Miraflores Centro is a practical and comfortable hotel strategically located in the main tourist area of Lima: the district of Miraflores. This Casa Andina hotel is only a 40-minute drive away from the airport, and is close to Kennedy Park, Larcomar Shopping Center, and the most renowned restaurants in town.

This Casa Andina hotel has 58 rooms classed as Traditional and Superior, spread over 6 floors. An elevator takes you to all floors. Some of the services offered here are Wi-Fi internet access, an internet center, and parking. Moreover, guests will enjoy a complete breakfast buffet which includes: seasonal fruit, cereal, different types of tasty cheese, ham and more, every day from 6:00 a.m. to 10 a.m.



Included

- Dinner

Add-ons

- Lunch
- Bike Tour Barranco and Miraflores:

The tour begins along the fascinating district of Barranco, birthplace of distinguished artists, literary authors and representative musicians of our culture; and well known for its beautiful and diverse architecture, european heritage from the beginning of the last century. A special place in this tour is the romantic Bridge of Sighs (Puente de los Suspiros), whose name derives from the innumerable romances that are witnessed in this picturesque site. Tradition says that when you first see the bridge and cross it without breathing, your wish will be fulfilled.

Then you will visit the Love Park (Parque del Amor), whose design was inspired by the famous Park Güell, in Barcelona, by the renowned architect Antonio Gaudí; discovering the story behind the sculpture El Beso, the centerpiece of the park.

Then arriving at Larcomar, and finally the Cisneros and Reserve boardwalks.

Day 2: Cusco, The Sacred Valley of the Incas (Mon, 20 May)

The Sacred Valley of the Incas

Also known as Urabamba Valley, the Sacred Valley of the Incas is located in the Peruvian Andes, beneath the world famous site of Machu Picchu and not far from Cuzco, the unofficial Inca capital. This fertile valley is fed by a network of waterways and encompasses a wealth of archaeological sites, including Ollantaytambo, renowned for its extensive Inca ruins; Tipon, which features ancient agricultural terracing and a working irrigation system; and Pisac, with its ancient vestiges and colourful weekly market.

Day Itinerary

LIMA / CUSCO/SACRED VALLEY

Morning transfer to the airport. Flight to Cusco.

Meet and welcome at Cusco Airport. We will visit the most outstanding sites of the Sacred Valley of the Incas. We will start visiting the town of Chinchero, the most typical and picturesque of the Sacred Valley. Before arriving, we will make a brief stop in a textile center where local weavers will teach us the ancient Inca techniques for dyeing and spinning with Alpaca wool. In the town of Chinchero we will visit its Inca archaeological complex and its beautiful colonial church enjoying the impressive natural images that surround the town. We will continue to Moray, beautiful and curious Inca archaeological complex composed of colossal concentric terraces simulating a large amphitheater. In Incas times, it served as an agricultural laboratory where diverse microclimates were recreated.

Buffet lunch at one of the restaurants in the area.

Finally, we end our tour visiting the fabulous archaeological complex of Ollantaytambo important for the Incas as a military, religious and agricultural center. We will visit the Temple of the ten windows, the bathrooms of the ñusta, the Temple of the Sun among other places of interest. The postcards from the heights of Ollantaytambo will close this magical day in the Sacred Valley of the Incas.

Dinner at the hotel. Overnight in Sacred Valley.

Activities

Chinchero
Chinchero Church
Citadel of Ollantaytambo

The Sacred Valley of the Incas

Also known as Urabamba Valley, the Sacred Valley of the Incas is located in the Peruvian Andes, beneath the world famous site of Machu Picchu and not far from Cuzco, the unofficial Inca capital. This fertile valley is fed by a network of waterways and encompasses a wealth of archaeological sites, including Ollantaytambo, renowned for its extensive Inca ruins; Tipon, which features ancient agricultural terracing and a working irrigation system; and Pisac, with its ancient vestiges and colourful weekly market.



Chinchero

Charming Chinchero Village is known for its picturesque colonial church, its vibrant Sunday flea market and nearby archaeological sites.



Chinchero Church

The highlight of Chinchero village is an attractive church built during the colonial era, its interior decorated with lovely paintings from the Cusco School.

Citadel of Ollantaytambo

Within the quaint streets of present-day Ollantaytambo is an Inca fortress that was built just as the Spaniards arrived and includes a temple, platforms and an urban area. This gigantic agricultural, administrative, religious and social complex located 97 km from Cusco. We can distinguish two areas: one called "Araqama Ayllu", an area linked to ritual and sacred activities, and the second "Qosqo Ayllu", dedicated to housing. Ollantaytambo was an important administrative center, which probably also fulfilled military functions, as indicated by its walls and towers. There are also traces of ancient roads and aqueducts. The town of Ollantaytambo is called a "Living Inca Town", because its people maintain ancient customs and traditions.



Overnight: Casa Andina Premium Valle Sagrado Hotel & Villas

Casa Andina Premium Valle Sagrado Hotel & Villas is a beautiful hotel that looks like a haven in the mountains. With a privileged location, it has fabulous views of the Andes from every room. This is a cozy hotel with a design inspired by the locality with rustic touches.



Included

- Buffet Lunch
- Dinner

Excluded

- Drinks at dinner
-

Day 3: Cusco, The Sacred Valley of the Incas (Tue, 21 May)

Day Itinerary

TUESDAY, MAY 21ST – SACRED VALLEY / MACHU PICCHU / SACRED VALLEY

Morning transfer to Ollantaytambo train station, where we will depart by train to visit one of the New 7 Wonders of the World. We arrive at the Aguas Calientes station where we will board the bus to go up the winding road to Machu Picchu, amid a spectacular view of the Urubamba River and its canyon. The Lost City of the Incas, Machu Picchu, will astonish us with its terraces, ceremonial shrines, steps and urban areas. Energy is all around us.

Buffet lunch included (Drinks not included).

At the arranged time, we will take the train back to Ollantaytambo. Upon arrival meet and transfer to the hotel in the Sacred Valley. Dinner at the hotel (3 course, no drinks included). Overnight in Sacred Valley.

Activities

Machu Picchu

Machu Picchu

Located more than 6000 feet above sea level in Peru's mountain peaks, Machu Picchu is one of the world's most impressive archaeological sites. This legendary lofty city was abandoned by the Inca Empire, reclaimed by the jungle and lost to humanity until its rediscovery in 1911. Built by the Incas on the summit of "Machu Picchu" (Old Peak), in the middle of a tropical montane forest overlooking the canyon of the Urubamba, the 'Lost City of Machu Picchu' is a site of extraordinary beauty and enormous archeological significance. The complex reflects the Inca Empire at its height, with giant walls, terraces and ramps that appear to have been cut naturally in the continuous rock escarpments. The phenomenal technological skills of the Incan engineers can be seen in multiple facets of the site: the exacting precision of the massive stone buildings, the water channels that reveal a deep understanding of hydraulics, and Intihuatana ("the highest point of the Sun"), which served as a solar calendar that regulated planting and harvesting.



Included

- Buffet Lunch
- Dinner

Day 4: Cusco (Wed, 22 May)

Cusco

Once called the 'Navel of the World' by the Incas, Cuzco remains a city that blends colonial Spanish charm with older, more austere remains of pre-Columbian glory – one can still see the foundations of Inca structures on many of its city streets today. Cuzco's most important landmarks include sites from both Inca and colonial times, such as the Korikancha (the ancient Temple of the Sun), the Inca street of Loreto with its 12-cornered stones, the cathedral, the Museum of Colonial Art, the archaeological park of Saqsaywaman (the fortress-temple), the nearby funerary shrines of Kenqo, and the water-worship site of Tambomachay.

Day Itinerary

SACRED VALLEY / CUSCO

We will return to Cusco, we will first visit the majestic Inca site of Pisac, an archaeological complex located in the high part of the town of the same name. This place has beautiful agricultural terraces. The ascend by well preserved temples, including a solar clock or Intiwatana, will offer us a breathtaking scenery. We continue to the traditional market of Pisac, where we will have free time to explore and buy crafts if you dare to try something traditional, pass by the firewood ovens of bread and empanadas. We will then continue towards the Archaeological Park of Sacsayhuaman, visiting the fortress with the same name, a beautiful place that radiates peace and quiet, where we will be able to admire the huge rocks measuring up to 4 meters high that were used in its construction.

Arrival to Cusco City. Lunch at Pachapapa Restaurant. (3 Course Menu – Drinks: 1 soda or water + 1 infusion)

In the afternoon, exclusive city tour that starts at San Cristobal Plaza to enjoy a panoramic view of the city. We will then visit Saint Peter Market, where we will be able to appreciate the local flavors and learn about the local produce in this market where you can find everything and is the main supply center of the city. We will then continue to the Korikancha Temple that will welcome us with its splendor. The Golden Precinct is the meaning of its name in Quechua and we can still feel the sumptuousness of its walls that were once lined in gold sheets. From Saint Blas, the craftsmen's quarters we will walk down along the Hatun Rumioc street, finding midway the Inca Roca Palace, today the Archbishop's Palace; and we will have time to appreciate the worldwide famous Stone of the Twelve Angles. We will go on to the Main Square to visit the Cathedral that houses invaluable colonial works of art.

Optional:

Dinner (We will include 4 options to choose from)

Party in Cusco City

Activities

Pisac Market
Pisac
Fortress of Sacsayhuaman
District of San Blas

Pisac Market

Pisac is a picturesque Andean Village, typical except for the huge, spreading pisonary tree that dominates the central square. Most people visit Pisac to see the market on Sunday, and despite its popularity, the market retains much of its local charm; villagers from miles around gather to barter and sell their produce.

A wide variety of handicrafts can be purchased, such as the local ceramics including a huge and varied collection of hand-painted multi-coloured beads. There are smaller markets in Pisac on Tuesdays and Thursdays.



Pisac

At the easternmost tip of the Holy Valley lies the bustling colonial town of Pisac. Renowned for its vibrant market, the town sees Indigenous Quechua communities from the surrounding highlands arrive en masse on Tuesdays, Thursdays and especially Sundays to sell their wares. A large section of the market is dedicated to tourist-oriented souvenir stalls where you can find weavings, jewellery, ponchos, hats, Andean instruments, ceramics, alpaca products and a whole range of other gifts and souvenirs. The town is home to approximately 4000 local inhabitants occupying a fascinating hodgepodge of colourful colonial and modern stucco or adobe buildings. The primary tourist attraction is an archaeological site of Inca ruins known as Inca Písac. Perched atop a peak overlooking the town, the ruins make for an excellent morning of sightseeing with stunning views of the surrounding Andes mountains.



Fortress of Sacsayhuaman

This impressive Inca archaeological site, perched atop a hill outside the city of Cuzco, is believed to have served a dual purpose as both a temple and a fortress. Like many other Inca complexes, it is built from large stones, carefully crafted to fit tightly together without the use of mortar. It was declared a UNESCO World Heritage Site in 1983.



District of San Blas

The district of San Blas is a charming mix of winding streets, whitewashed houses, blue balconies hung with geranium-filled flowerpots, endless stairways and the uneven lines of tiled rooftops. It is the neighbourhood of Cusco's folk artists, who for centuries have used their hands to tell the tale of their longings and frustrations working in stone and woodcarving, sculpture, doll-making, silverware, weaving and textile arts, gold-leaf, mask-making and an array of evocative ceramics - utilitarian, architectural, sculptural, monumental, grotesque and many other styles.

Overnight: Casa Andina Standard Cusco Cathedral

Casa Andina Classic Cusco Plaza Cathedral is a comfortable and cozy hotel, just minutes away from Cusco's Cathedral. The hotel's strategic location, on the corner of the Plaza de Cusco, affords guests the opportunity to enjoy the main attractions of the destination and the restaurants in the city of Cusco.

Hotel facilities and services include an internet center, WI-FI internet access, an ATM, a laundry service and breakfast buffet every day.



Included

- Lunch
-

Optional

- Dinner
 - Party
-

Day 5: Paracas (Thu, 23 May)

Paracas

A lunar-like landscape meets the ocean at Paracas, a small beach town on the Paracas peninsula in southern Peru. Stark cliffs drop into the ocean and rugged promontories jut out to sea, offering a beachfront residence to the flocks of marine birds in the area. Many visitors travel to Paracas to enjoy the beaches and the perks of a resort town, however it's the adjacent marine reserve and outlying islands that most intrigue travellers, offering the chance to view penguins, sea lions, dolphins and seals in their natural habitat.

Day Itinerary

CUSCO / LIMA / PARACAS

Early morning. transfer to the airport. Flight Cusco / Lima. Upon arrival in Lima, meet and transfer to Paracas. On the way, we will stop at a typical "Hacienda" to enjoy a Peruvian Paso Horse Show. After the show, we will have lunch. (semi-buffet includes 1 drink: water, soda or 1 glass of wine). We will continue towards Paracas.

Picnic and sunset in the desert



The Ballestas Islands

Nicknamed the 'poor man's Galapagos', the spectacular Ballestas Islands, eroded into many caves and arches, provide shelter for numerous seabirds and sea lions. The group of three islands with narrow shorelines are famed for guano or bird droppings which was once Peru's prime export. The islands are home to over 150 species of marine bird life, and on the shores can be seen large numbers of sea lions. In the sea, visitors can encounter dolphins and whales. Visitors are not allowed onto the islands, the only way to reach it is by organised tour, comprising of a speedboat trip accompanied by a guide.



Overnight: DoubleTree Resort by Hilton Hotel Paracas

DoubleTree Resort by Hilton Hotel Paracas, in Peru is set in the desert paradise of Paracas Bay beach. Ideally located, the hotel is just 16 minutes away from the Pisco International Airport, neighboring the Paracas National Reserve. Guests can admire exotic wildlife and stunning views from the balcony of a spacious suite. Enjoy the extra space of a separate living area with two flat screen TVs, a microwave and WI-FI access. Savor delicious local specialties and continental flavors at the onsite restaurant, El Candelabro. Sip on cocktails and cool drinks from the poolside snack bar or re-energize with a workout in the modern fitness center.



Included

- Lunch
- Picnic at Paracas

Day 6: Paracas/Lima

(Fri, 24 May)

Lima

Founded by the conquistador Francisco Pizarro in 1535, Lima was first named 'City of Kings' – a biblical reference to the 'Three Wise Men of the East' – before its name was changed by the Spanish colonialists. The most significant historical buildings are located around the Plaza Mayor, the most notable being the Government Palace, where one can still observe the changing of the guard performed by the Húsares de Junín. The beautiful Cathedral and the various small palaces and colonial balconies also play also their part in the beauty of the city.

Day Itinerary

PARACAS / LIMA

Early in the morning we will embark on a boat tour to the Ballestas Islands. The "Chandelier" a giant figure marked in the sand in the style of the Nazca lines can also be seen on our way to the islands. On the islands you will be able to observe sea lions, pelicans, Humboldt penguins and other sea birds.

Lunch included at El Piloto Restaurant. (Best Resaturant

in Ica 2017 and mandatory stop on the way to Paracas

😊)

Afternoon:

Drinks and canapes at Cala Restaurant.

Party

Overnight: Casa Andina Standard Miraflores Centro

Included

- Lunch
- Drinks and canapes at Cala



Transport

Flight Information

Date	Flight	Airline	Departure Airport	Time	Arrival Airport	Time	Class	Ref
20 May	2005 (Scheduled)	LATAM	Jorge Chavez International Airport [LIM]	04:53	Alejandro Velasco Astete International Airport [CUZ]	06:20	Economy	
23 May	2419 (Scheduled)	LATAM	Alejandro Velasco Astete International Airport [CUZ]	06:50	Jorge Chavez International Airport [LIM]	09:22		

Transfers

Date	Company	Pick Up	Drop Off	Time	Vehicle
19 May		Jorge Chavez International Airport [LIM]	Casa Andina Standard Miraflores Centro		Transfer
20 May		Casa Andina Standard Miraflores Centro	Jorge Chavez International Airport [LIM]		Transfer
20 May		Alejandro Velasco Astete International Airport [CUZ]	Casa Andina Premium Valle Sagrado Hotel & Villas		Transfer
22 May		Casa Andina Premium Valle Sagrado Hotel & Villas	Casa Andina Standard Cusco Catedral		Transfer
23 May		Casa Andina Standard Cusco Catedral	Alejandro Velasco Astete International Airport [CUZ]		Transfer
23 May		Jorge Chavez International Airport [LIM]	DoubleTree Resort by Hilton Hotel Paracas		Transfer

Travel Information



Peru is most famous for the sacred archaeological site of Machu Picchu – visited each year by scores of intrepid hikers who brave the Inca Trail’s arduous slopes to explore the age-old ruins. But the country’s attractions extend far beyond the mystical allure of this legendary location, and include palm-fringed beaches, quaint Andean villages and archaeological treasures that predate Machu Picchu by hundreds of years – all imbued with the nation’s rich melange of indigenous and colonial cultures. Equally enticing are the exotic reaches of Peru’s Amazon rainforest, Lima’s superb eateries, exquisite architecture and effervescent nightlife, the glittering, mountain-ringed waters of Lake Titicaca, and the vibrant city of Cusco, referred to by the Incas as ‘the centre of the world’.

Banking and Currency

Currency

Nuevo (new) Sol (PEN; symbol S/.) = 100 céntimos. Nuevo Sol notes are in denominations of S/200, 100, 50, 20 and 10. Coins are in denominations of S/.5, 2 and 1, and 50, 20, 10, 5 and 1 céntimos.

Note: US Dollars are also in use and accepted for payment, particularly in tourist areas. While effectively interchangeable, it is best to use local currency wherever possible, and it is always good for tourists to have some local currency in small denominations, to pay for buses, taxis and goods in some small establishments.

There are no restrictions on the import or export of local or foreign currency, but amounts exceeding US\$10,000 must be declared.

Only a few bureau de change in Lima and Cusco will exchange currencies other than US Dollars. Outside Lima, it is virtually impossible. US Dollars can be exchanged everywhere and banks, hotels and many shops also readily accept US Dollars (although very old, torn or damaged notes are usually rejected). It is not recommended to exchange money from street vendors.

Banking

Banking hours: Mon-Fri 0900-1800, Sat 0900-1300 (may vary during the summer).

All major credit cards are accepted, but usage may be limited outside of Lima and tourist areas. Visa and MasterCard are the most commonly accepted. It is also sensible to carry some cash rather than relying only on cards.

ATMs are now generally regarded as one of the best ways to obtain money in Peru. They are found almost everywhere, including in small towns, although when travelling in remote places it is best to have some cash just in case the nearby ATMs are not working or have run out of money. In bigger cities, use ATMs inside banks for greater security, especially at night.

Banks will exchange traveller’s cheques although it can be a slow process outside Lima. The ability to use traveller’s cheques is also quite limited in some areas so you should check whether or not they will be accepted in the area you

are visiting prior to travel. The use of ATMs is generally preferable, but if you do decide to bring traveller's cheques, the best currency to bring them in is US Dollars.

Travel, Transport and Getting Around

Main roads in Peru are, at least, reasonably paved; others can range from extraordinarily bumpy to impassable after landslides. Landslides are frequent in the mountains during the rainy season (December to March), making for slow travel and closed roads. Take care driving on the mountain roads, which are narrow, windy and above all high up. Local drivers who know the roads well go like the clappers, but if you try it you may well go off a cliff. The well-maintained Pan-American Highway runs down the length of Peru's coast, with intersecting highways running east into the mountains.

Many unlicensed taxi companies operate in Peru and visitors are advised to avoid these. They usually have a red and white taxi sign on the windscreen. Licensed yellow taxis are the only cabs allowed in downtown Lima. Taxis do not have meters and you should agree fares before departure (they are relatively inexpensive). Extensive and safe taxi services are available by telephone in main cities. Hotels and hostels will book them for you. Taxi fares increase by 35 to 50% after midnight and on holidays. Drivers do not expect tips.

Taking the bus is the travel method of choice in Peru; buses go in almost every direction. You can book yourself onto everything from a bus with seats that recline until fully horizontal and hostesses to bring you dinner, to a squashed-in place in the back of a pick-up truck, depending on your budget.

The crème de la crème of coach company in Peru is Cruz del Sur (tel: (01) 311 5050; www.cruzdelsur.com.pe). It's the most expensive, but you'll get a nice meal and a good night's sleep. Other coach companies are Flores (tel: (01) 332

1212; www.floreshnos.net), Linea (tel: (01) 424 0836; www.transporteslinea.com.pe) and MovilTours (tel: (01) 716 8000; www.moviltours.com.pe). Otherwise just turn up at a bus station or ask around.

Public transport in Lima is provided by conventional buses and by minibuses (combis), though they are overcrowded, sometimes dangerous and not particularly useful for tourists. These operate from 06h00 to 00h00 on established routes; wherever possible, try to avoid using bus travel late at night. Lima has a clean, efficient metro system which links nine districts, and allows travel between Miraflores and Lima centre.

Peru Rail (tel: (01) 517 1884; www.perurail.com) runs comfortable tourist trains between Puno and Cusco and between Cusco and Machu Picchu. Ferrocarril Central Andino (tel: (01) 226 6363; www.ferrocarrilcentral.com.pe or www.rrdc.com/op_peru_fcca.html) runs a twice-monthly tourist service on renovated trains between Lima and Huancayo. This spectacular route is the second highest railway in the world (the highest being in Tibet).

Climate and Weather

The weather in Peru varies according to area – the changes in altitude are so extreme that the climate goes from freezing snow in the mountains to boiling sun on the coast. Likewise, the coast covers such a large stretch of longitude that the temperature changes dramatically as you head further south.

On the coast winter lasts from June to September. The weather tends to be overcast and slightly damp at this time, but rarely very cold. It hardly ever rains in Lima nor most of the coast, except for Tumbes and Piura, which have tropical climates.

During June to September, the mountainous areas are often sunny during the day but cold at night. This is high tourist season and the best time to visit most regions. Rainy season in the Andes starts in September and peaks between January and March, and this is a dreadful and occasionally dangerous time to be hiking.

Heavy rains in the mountains and jungle last from December to April. It is rainy and hot for most of the year, but between March and September there are occasional cold surges which might require a jumper.

Clothing and Dress Recommendations

For travel in Peru, a variety of clothes are necessary. You will need very lightweight clothes for summer on the coast, and thermals, hats, gloves and ski jackets for winter up in the mountains. It can become freezing at night at altitude and remain hot and sticky through the nights in the jungle. Waterproof clothing is thoroughly recommended for the rainy season, because the heavens open very suddenly, and then it pours.

If you are travelling to the jungle you'll need something protective and waterproof for your feet. For any mountain hiking you'll need proper, supportive boots. If you're spending time along the coast you'll need sandals or flip-flops.

Electricity and Plug Standards

Electricity in Peru is 220 Volts and 60 Hertz (cycles per second). If you want to use a 110-volt appliance in Peru, you'll need to buy a voltage converter. But always check before spending money on a converter, as many modern laptops and digital cameras can safely take both 110 and 220 volts (they are dual voltage).

Many of Peru's top-end hotels have outlets for 110-volt appliances. They should be clearly labeled as such, but always check if you're unsure.

There are two types of electrical outlets in Peru. One accepts two-pronged plugs with flat, parallel blades, while the other takes plugs with two round prongs. Many Peruvian electrical outlets are designed to accept both types.

If your appliance has a different plug attachment (such as a three-pronged UK plug), you'll need to buy an adapter. Universal plug adapters are inexpensive and easy to carry around. It's a good idea to buy one before you go to Peru (most major airports have a store selling plug adapters).

Costs

Accommodation	Destination	Start	End	Duration
Casa Andina Standard Miraflores Centro	Lima	19 May	20 May	1 Night
<u>Casa Andina Premium Valle Sagrado Hotel & Villas</u>	The Sacred Valley of the Incas	20 May	22 May	2 Nights
Casa Andina Standard Cusco Catedral	Cusco	22 May	23 May	1 Night
DoubleTree Resort by Hilton Hotel Paracas	Paracas	23 May	24 May	1 Night
Casa Andina Standard Miraflores Centro	Lima	24 May	25 May	1 Night

Price

RATE PER PERSON IN DOUBLE ROOM GBP 1,430.00

Included

- Domestic air tickets for the routes Lima / Cusco / Lima.
- 06 nights at the hotels with daily breakfast.
- All transfers, visits and excursions (includes English-speaking local guides)
- VISTADOME train ticket for the route Ollantaytambo/Aguas Calientes/Ollantaytambo.
- Shuttle bus ticket Aguas Calientes / Machu Picchu / Aguas Calientes (day 03 of the program).
- Entrance fee Machu Picchu (day 03 of the program).
- Ballestas Islands boat tour on regular basis (2hrs duration).
- Adventure excursion in the Paracas desert.
- Meals mentioned.

Excluded

- International air tickets and airport taxes.
- Personal expenses.
- Beverages not mentioned in meals.
- Tips for transfers, guides or waitress.
- Services not mentioned.