

McKinsey Women

Dear Women in Business Club members,

We invite MBA2021 women to join us for an informal and reflective dialogue about leadership as we go through an overview of the famous “Centred Leadership” series.

Centred Leadership became the basis for the best-selling book by former McKinsey consultants Joanna Barsh and Susie Cranston, *How Remarkable Women Lead: The Breakthrough Model for Work and Life*. Essentially, Centred Leadership helps leaders gain personal mastery to make profound change happen in themselves, their teams and their organizations - and women’s strengths area its core.

Centred Leadership forms a distinctive approach to developing leaders with roots in positive psychology, neuroscience, evolutionary biology and organizational behavior. The five themes form a holistic approach to leadership that sustains women and men as they take on increasingly challenging roles:

Meaning: finding your purpose and strengths and applying them in your work to excel

Energizing: knowing where your energy comes from, how it is drained and what you can do to manage it

Framing: adopting a more constructive way to view your world, expanding your horizons and gaining the confidence and resilience to move ahead

Connecting: identifying people who can help you grow and finding your place among them

Engaging: finding your voice and taking ownership of your opportunities

The workshop will be led by Smaranda Gosa-Mensing, Global Talent Manager

Date/time: Wednesday 4 December, 11:15am – 12:00pm

Location: LBS campus, Room E306, (Main campus, E-wing)

Dress: Casual

RSVP: Please sign up via the Women in Business club by Saturday 30 November. Places will be allocated on a first- come first-served basis.

We hope you find the event fun and inspiring!

At your best.