



Amsterdam cycling trek 2025

25th – 27th April, 2025

Trip summary

Cycle from Dunkirk to Amsterdam / 25th to 27th April, 2025

Cycle through three countries in just three days!

This trip will see you pedaling through France, Belgium and The Netherlands.

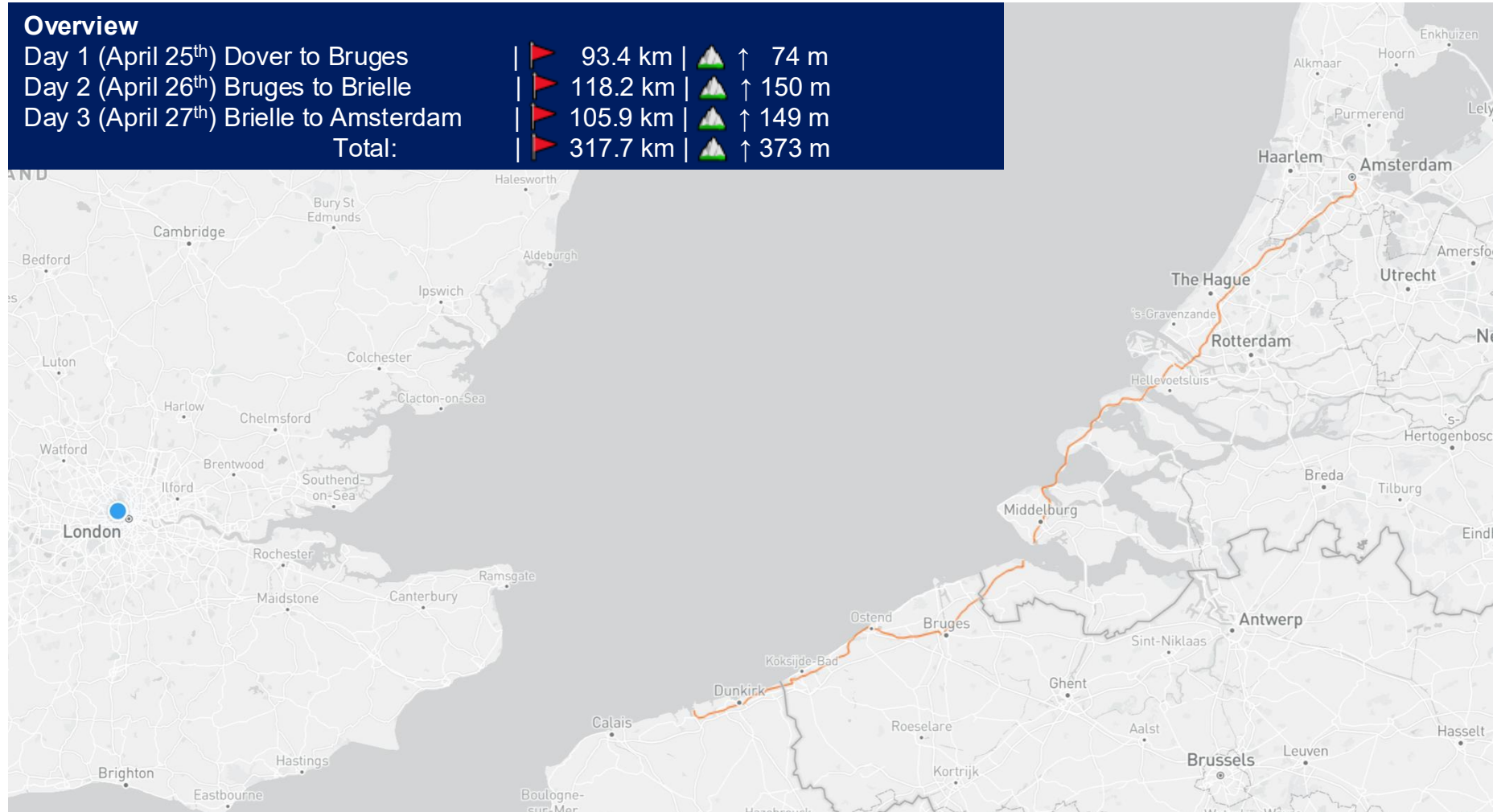
Over three days you will cycle between 90 to 120 km per day in a flat route, and we will be accompanied by a supporting van and cycling specialist by **More Adventure**, so there's no need to carry bags while cycling.

Difficulty level: Easy-Medium

This trek is open to all cyclists with different levels of riding experience and fitness, **including beginners!** You only need to be comfortable with riding +100 km per day.

Overview

Day 1 (April 25 th) Dover to Bruges	 93.4 km  ↑ 74 m
Day 2 (April 26 th) Bruges to Brielle	 118.2 km  ↑ 150 m
Day 3 (April 27 th) Brielle to Amsterdam	 105.9 km  ↑ 149 m
Total:	 317.7 km  ↑ 373 m

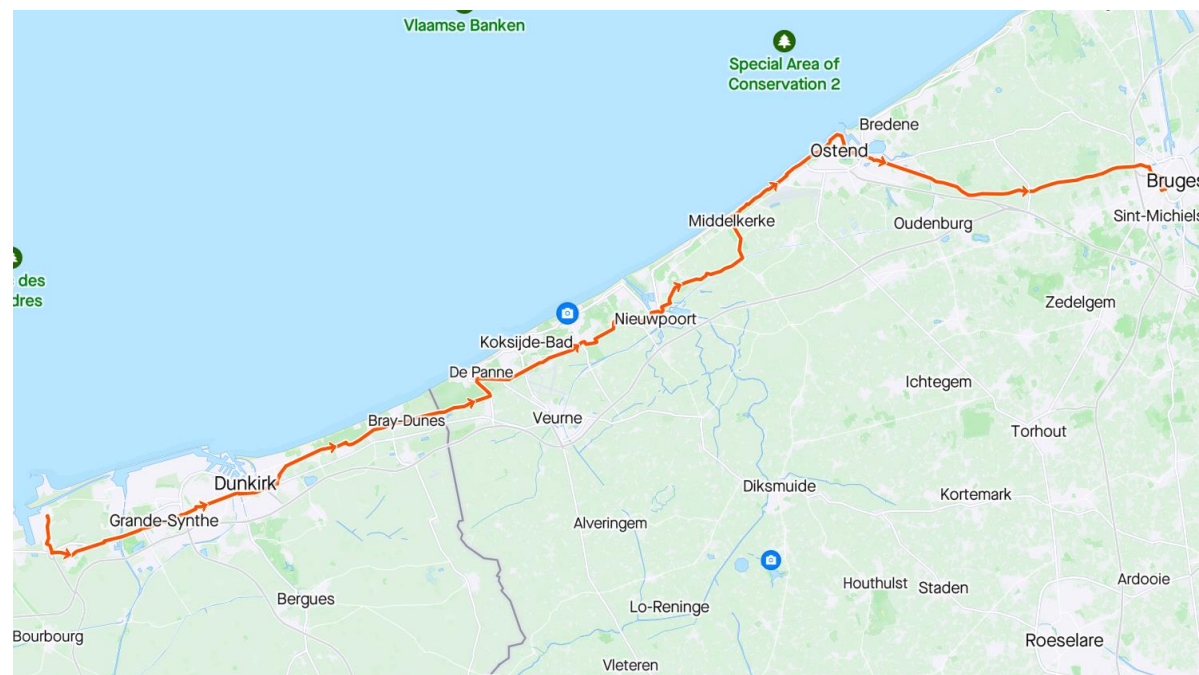




Day 1 (April 25th) – Dover to Bruges

Ferry from Dover to Dunkirk + Cycling from Dunkirk to Bruges

- Day 1 sees us meeting at Dover Ferry Terminal at **8:30 am** where we'll load our bags onto the support van. Please take the train that arrives at 8:14 am from St Pancras
- After taking the **10 am** ferry we'll land in Dunkirk at **1 pm** local time. From there we plan to cycle ~20 km into the center of Dunkirk for lunch.
- After lunch we cycle into **Belgium** and up the coast towards **Bruges**. Depending on our pace, we might enjoy the historic city center, before charging energies for the next ride.
- We will stay at Hotel Le Bois de Bruges (included in ticket)



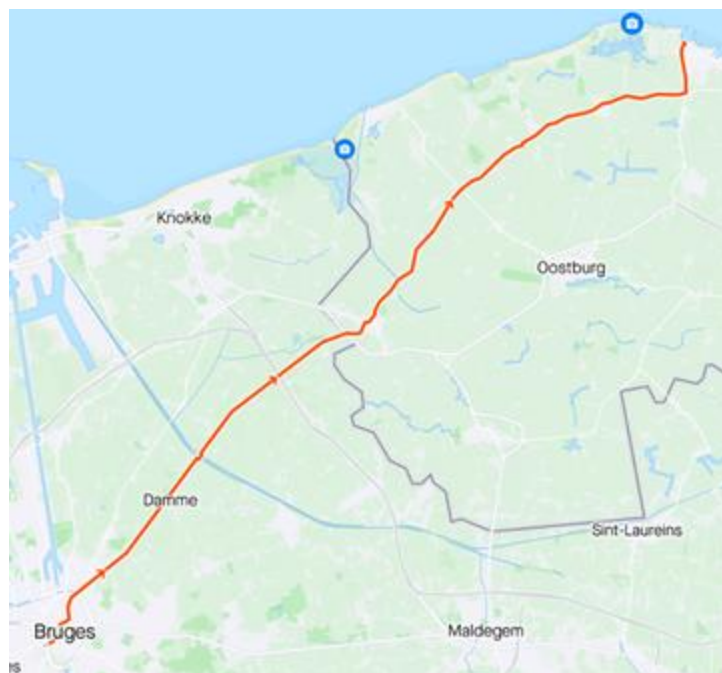
 93.4 km |  ↑ 74 m | [Strava route link](#)



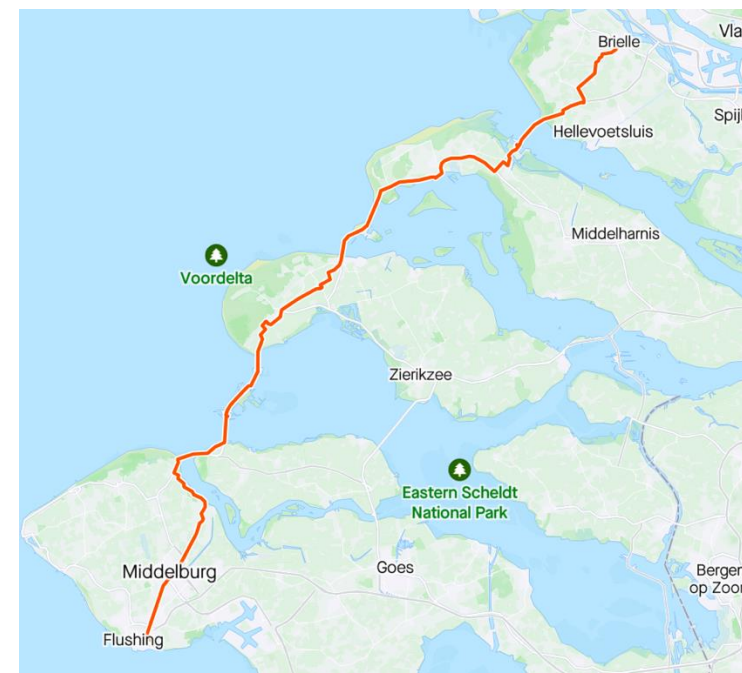
Day 2 (April 26th) – Bruges to Brielle

~118 km cycling

- On day 2 we cycle ~35 km heading for the **ferry** at Breskens to cross the estuary of the river Scheldt in about 20 minutes.
- From the other side we'll stop for **lunch in Middelburg** (~8 km) the capital of Zeeland.
- Then we cycle ~75 km in an **extreme flat route**. The route wanders up the coast crossing dams and bridges until we arrive in Brielle, an historic fortified town outside Rotterdam
- We will stay at Atlas Village. Accommodation and ferry ticket are included.



Part 1: 🚩 34.9 km | 🏔️ ↑ 21 m | [Strava route link](#)



Part 2: 🚩 83.3 km | 🏔️ ↑ 129 m | [Strava route link](#)

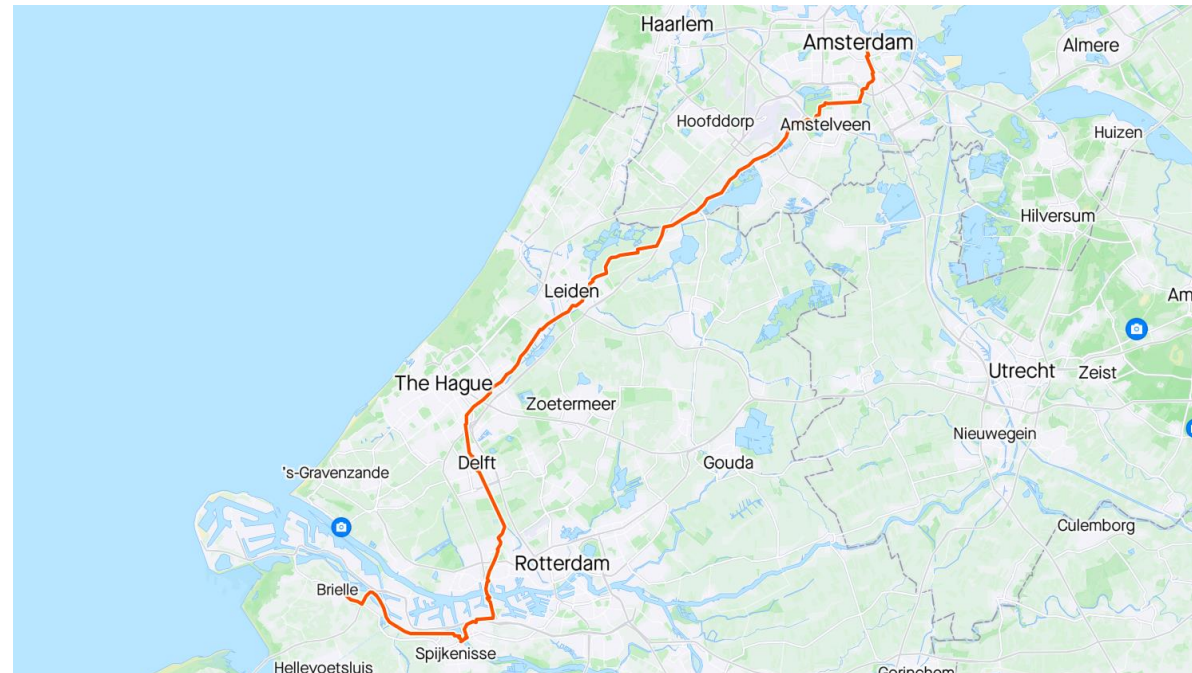
Total: 🚩 118.2 km | 🏔️ ↑ 150 m



Day 3 (April 27th) – Brielle to Amsterdam

~106 km cycling + transport to London (by yourself)

- On our final day we'll leave Brielle and cycle through the **Delft** and onto **The Hague**, home to the International Court of Justice.
- Then, we head to **Amsterdam**, our final destination. We aim to get there **early to mid afternoon on Sunday**.
- We'll have our last meal together to celebrate our amazing trip. Then, you're free to determine what you do next!
- The ticket includes the **transport of your bike back to London** in the van. You should only book your ticket back to London.



105.9 km |



↑ 149 m |

Strava route [link](#)

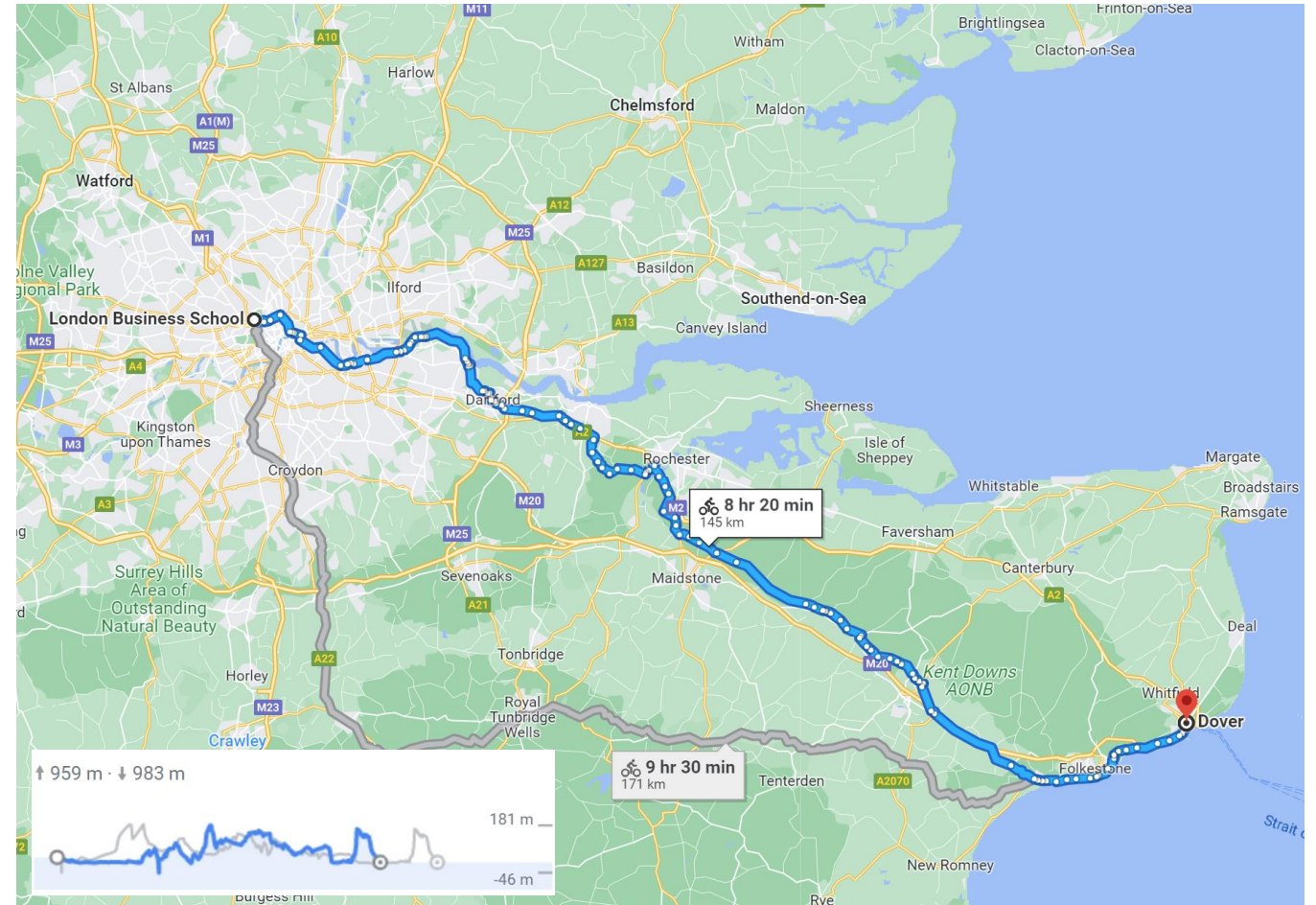
Optional ride

First of all, you must get to Dover somehow, so if you can find a generous person to take your bag on the train to Dover then you're more than welcome to cycle there on Thursday (we won't have the van service on this segment)

Alternatively, you can take the **train** on Thursday or Friday morning. There are trains available direct from St Pancras.

If you arrive in Dover on Thursday, you're responsible for your own accommodation.

This optional ride is a challenging one, with ~145 km and ~960 m elevation



What's included

- **Included**

- 2 nights **hotel** accommodation with breakfast (Bruges & Brielle)
- **Ferry** tickets (Dover and Breskens)
- Shared cost of **support** vehicle, which will carry spare parts, maintenance tools, and your overnight luggage (please keep to one small carry-on bag)
- Return of your **bicycle** in the support van
- Some water & snacks. Please pack your own as well though

Cycling Club will subsidize part of the support vehicle cost!

- **Not included**

- **Transport** to Dover and Dover accommodation (Just if you do the optional ride)
- Return ticket to London for yourself (train or flight)
- Meals (lunch and dinner)

Packing list

Please be comfortable changing tyres on your own!

Equipment

- Road bike
- Helmet
- Spare tubes x2 with tire levers
- Hand pump (or CO2)
- Bottles + cages on your bike
- Bike lock
- Basic multi-tool

Clothes

- Rain jacket
- Gloves
- Base layers (if you get cold)
- Padded bib shorts (highly recommended)
- Evening clothes and shoes

Others

- Snacks and or gels for nibbling on the bike
- Money for lunches and dinners
- Small carry-on bag

Recommendations

- Please have good quality tires on your bike with plenty of miles left to minimize punctures!
- GPS cycle computer, if you have one. Please have all the routes loaded on as well. The more people who know where they are going the better!
- Prepare your bike! A proper bike service prior to the trek makes the exercise easier, thus the experience better.